

## Rheumatism

- Dr. Srikanta Choudhury

Name : Mrs. Sharmistha Ghosh. Age : 29 Years Sex : Female Religion : Hinduism Occupation : House wife Address : S. C. Chatterjee Road , Konnagar, Hooghly , W. B. Date of Case Taking : July 25, 1996

Constitution : Thin, emaciated, anaemic and pale in looking.

Present Complain :

1. Swelling and pain in extremities since last 4 months. Biting pain. Sometimes felt numbness.

< 3-4 pm and continued whole the night.

> Early morning.

2. Vertigo. < at evening.

3. Pruritis in genital.

Generalities :

Appetite - Less, especially in the evening. Less in salty, sour, bitter food

Prefer - Cold food.

Aversion - Bread, milk.

Thirst – Excessive. Cravings for cold drinks.



Stool - Regularly, not clear. Offensive.

Urine - Yellow, hot.

Sweat - Normal .

Sleep – Good. Restless due to pain.

Dream - Died person, tour.

Sexual desire - Normal .

Thermal Relation – No burning, but sometimes feeling hot, sometimes feeling chill. Tendency to avoid bath.

Palm and sole - Hot.

Mental in General :

No cheerfulness, no peace in mind. Became hopeless.

Hopeless regarding recovery.

Temper – Cool.

Memory - Good.

Talent – Average.

Nature - Dirty. Not accomplished an object.

Past History :

Left toe to groin aching and swelling which was started after marriage.

Cough during pregnancy.



Burning in urination.

Family History :

Father – Died due to obstruction in intestine.

Mother – Cough. Headache

Husband – Itching appear in rainy season. Sometimes erupt boil in face. Seminal discharges after marriage.

On Physical Examination :

Pulse - 80.

Temperature – 98.4 0 F.

Mouth – Tongue mostly clear. Tip of the tong reddish. Foul breath.

Liver – Tenderness, pain on pressure.

Lungs and Heart – Normal .

Abdomen – Bloated by left side.

Analysis of the Case :

The case belonged to mixed miasmatic. Dirtiness, hopelessness, offensiveness in discharge, aversion to bath and Pruritis indicate the Sycotic miasm. But she was first prescribed anti-psoric medicine.

Treatment :



25.07.1996.

Psorinum – LM/2

One medicated globules No. 10 mixed in 60ml of distilled water. Add 15-20 drops of alcohol for preservation. The phial divided into 8 equal doses. After 10 succussions, one dose to be mixed in 3/4th glass of water. From that solution, only two teaspoons was taken in the morning in empty stomach. One dose daily in the morning.

Advised to report after one week.

03.08.1996.

Improvement observed. Eight times stool from morning. Abdominal pain before stool. Watery stool. Less in offensiveness. Tongue was pale. Weakness and numbness of extremities.

Placebo. Mood of preparation and administration was same. Two doses daily.

05.08.1996.

Last two days no stool. One time today. Hard. No bed smell. Appetite increased. Excess in thirst. Tongue pale.

Placebo. Two doses daily.

10.08.1996.

Fever since last two days. That time 99 0 F. Appetite and thirst less. Aching and numbress in extremities. Stool normal. Wetted in rain.

Rhus Toxicodendron – LM/2. Two doses in 30 ml D.W. One dose daily for two days.

10.08.1996.



Remission of fever, but feverish feeling in 7pm to midnight . No problem in morning. Burning in back and chest. Dry itching in the body. Severe in noon .

Placebo. 6 doses in 60 ml D.W. One doses daily.

19.08.1996.

Slight temperature in the noon and last for 2-3 hours. Slight body ache. Others normal.

Rhus Toxicodendron – LM/3. 6 doses in 60 ml of D.W. Two doses daily.

22.08.1996.

Cough without expectoration. Thin nasal discharge. Chest pain. Others normal.

Thuja Occidentalis - LM/2. 6 doses in 60 ml of D.W. One dose daily in the morning.

28.08.1996.

Improvement. Slight cough and fever. Stool and urine normal. Mentally improved.

Placebo. 8 dose in 60 ml D.W. Two doses daily.

04.09.1996.

Cough slight. Warm found in stool. Others normal.

Thuja Occidentalis - LM/3 . 6 doses in 60 ml. D.W. One dose daily morning.

09.09.1996.

Improvement in all respect.



Thuja Occidentalis - LM/4. 8 doses each in 60 ml vial. One dose daily morning.

Reported after one months that she was fit.